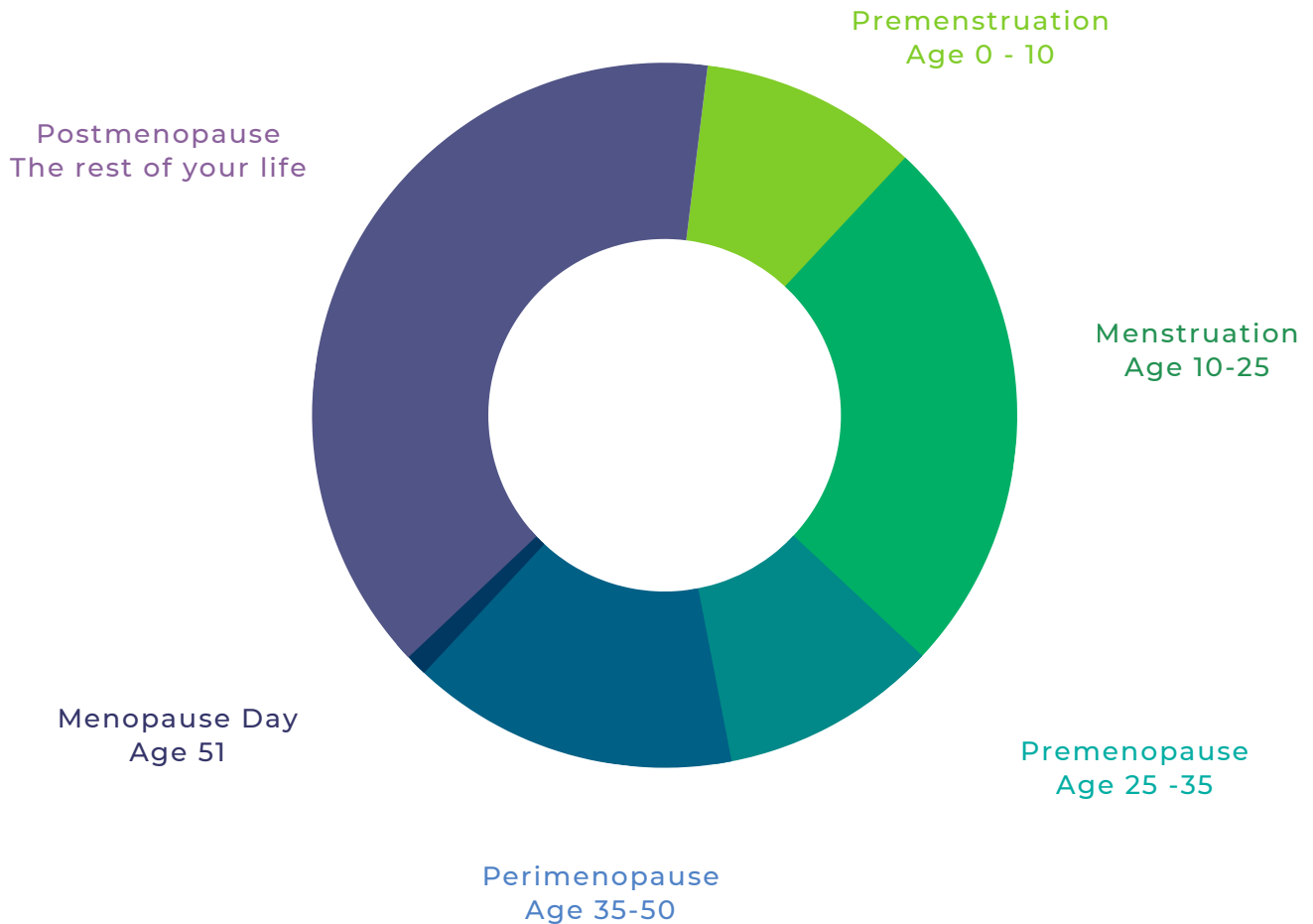


MENSTRUAL MAP

Approximate ages and different 'typical' time frames

(based on living from 0 to 100!)



85% OF THE REPRODUCTIVE AGEING BLUEPRINT IS SHAPED BY DNA

You are likely to follow a similar pattern to a close female relative

MENOPAUSE IS ONE DAY OR MOMENT IN TIME WHEN YOU HAVE GONE 12 CONSECUTIVE MONTHS WITHOUT A PERIOD

Menopause can happen at any age, but the average age of Menopause day in the UK is 51.

95% OF FEMALES EXPERIENCE MENOPAUSE DAY BETWEEN THE AGES OF 44 - 56